

| POS | CATGY | NUM | NAME | TIME | CLUB | POS | CATGY | NUM | NAME | TIME | CLUB |
|-----|-------|-----|---------------------|-------|---------------------|-----|-------|-----|-----------------------|-------|---------------------|
| 1 | | 141 | SEAR, JOHN | 52.11 | WOODFORD GREEN | 61 | | 148 | CHEESEMAN, RICHARD | 58.58 | UNATTACHED |
| 2 | | 478 | FAIRBRASS, N J | 52.39 | KENT AC | 62 | | 381 | CALDER, ADRIAN | 58.59 | DEAL STRIDERS |
| 3 | V40 | 453 | BUGNVIND, BRIAN | 53.03 | DARTFORD HARRIERS | 63 | | 002 | ANDERSON, SHAUN | 59.05 | UNATTACHED |
| 4 | | 414 | SMITH, CAMPBELL | 53.20 | MAIDSTONE HARRIERS | 64 | | 611 | ETHERIDGE, JOHN | 59.06 | DEAL STRIDERS |
| 5 | | 225 | WEST, PETER | 53.26 | COLCHESTER AC | 65 | | 061 | NEEDHAM, PAUL | 59.07 | AAA REGISTERED |
| 6 | | 477 | FAIRBRASS, D W | 53.29 | KENT AC | 66 | | 368 | SCANNELL, G W | 59.08 | LOUGHTON AC |
| 7 | | 132 | DEDMAN, JOHN | 53.34 | HASTINGS AC | 67 | V40 | 229 | BARNES, MICHAEL | 59.08 | THANET ROAD RUNNERS |
| 8 | | 458 | FRIEND, ROGER | 53.43 | DARTFORD HARRIERS | 68 | V50 | 283 | BEALE, RONALD | 59.12 | BLACKHEATH HARRIERS |
| 9 | | 649 | MARTINDALE, JOHN | 53.50 | GRAVESEND ROAD RNRS | 69 | | 279 | MERRINGTON, TREVOR | 59.12 | THANET ROAD RUNNERS |
| 10 | | 140 | KELLY, ROBERT | 53.54 | MEDWAY AC | 70 | | 377 | DAVIDSON, EWAN | 59.15 | UNATTACHED |
| 11 | | 461 | DIXON, ROB | 53.58 | MEDWAY AC | 71 | V40 | 449 | MCNEILL, JAMES | 59.15 | DOVER ROAD RUNNERS |
| 12 | | 692 | MCAULIFFE, PAUL | 53.59 | GEC AVIONICS AC | 72 | | 120 | CAFEY, SIMON | 59.29 | LONDON ROAD RUNNERS |
| 13 | | 764 | WOOD, MICHAEL | 54.14 | GEC AVIONICS | 73 | | 289 | LEARMONTH, WILLIAM | 59.29 | INVICTA AC |
| 14 | V40 | 785 | ROOTS, ROBERT | 54.20 | BATH UNIVERSITY AC | 74 | | 632 | MCNEILL, JAMES (JNR) | 59.30 | DOVER ROAD RUNNERS |
| 15 | | 026 | MCLOUGHLIN, JAMES | 54.23 | DEAL STRIDERS | 75 | | 095 | MALTYBY, MICHAEL | 59.32 | TUNBRIDGE WELLS RNR |
| 16 | | 766 | BROOKS, MARK | 54.26 | HAYWARDS HEATH HARS | 76 | | 212 | BIRKS, DAVID | 59.34 | UNATTACHED |
| 17 | | 186 | PLANT, GEOFFREY | 54.34 | SAFFRONS AC | 77 | | 107 | SHELDON, GRAHAM | 59.38 | LONDON FIRE BRIGADE |
| 18 | | 624 | KENCHINGTON, ANDREW | 54.39 | DEAL STRIDERS | 78 | | 182 | CLOKE, NIGEL | 59.43 | UNATTACHED |
| 19 | | 434 | ELLSMORE, MICHAEL | 54.54 | CAMBRIDGE HARRIERS | 79 | V40 | 090 | NORTHCROFT, D | 59.45 | CRANBROOK RUNNERS |
| 20 | | 190 | BOSTOCK, DEREK | 55.29 | UNATTACHED | 80 | | 019 | MYERS, ALAN | 59.47 | UNATTACHED |
| 21 | | 155 | SMITH, DOUGLAS | 55.32 | INVICTA AC | 81 | | 255 | RENDERS, LESLIE | 59.49 | WOKING AC |
| 22 | | 154 | BRIGGS, EDWARD | 55.43 | INVICTA AC | 82 | | 437 | DOULTER, MICHAEL | 59.56 | UNATTACHED |
| 23 | V40 | 138 | LINCOLN, DAVE | 55.48 | LOUGHTON AC | 83 | | 124 | CLARK, JOHN | 60.08 | CAMBRIDGE HARRIERS |
| 24 | V40 | 254 | KING, R | 55.53 | HASTINGS AC | 84 | | 428 | ARTHUR, ABRAHAM | 60.13 | STH LONDON HARRIERS |
| 25 | | 782 | THOMAS, IAN | 55.55 | AAA REGISTERED | 85 | | 680 | ROSE, JOHN | 60.18 | MAIDSTONE AC |
| 26 | | 776 | STOKES, IAN | 56.05 | INVICTA AC | 86 | V40 | 454 | MOOREKITE, DAVID | 60.18 | MAIDSTONE HARRIERS |
| 27 | | 613 | LEUTCHFORD, KEITH | 56.14 | INVICTA AC | 87 | | 765 | BRADY, KENNETH | 60.18 | DULWICH RUNNERS |
| 28 | V40 | 032 | WILLIAMS, RUSSELL | 56.17 | FAVERSHAM AC | 88 | | 370 | GALE, S | 60.23 | LOUGHTON AC |
| 29 | | 127 | CARPENTER, JIM | 56.22 | THANET ROAD RUNNERS | 89 | V40 | 687 | CHAPMAN, RAYMOND | 60.28 | INVICTA AC |
| 30 | | 144 | OHNLSON, BIRGER | 56.25 | ENHORNA (SWEDEN) | 90 | | 084 | LAWSON, COLIN | 60.28 | AAA REGISTERED |
| 31 | | 369 | GREEN, J | 56.30 | LOUGHTON AC | 91 | | 069 | SMITH, KENNETH | 60.31 | CRAWLEY AC |
| 32 | | 261 | RODEN, THOMAS | 56.43 | STH LONDON HARRIERS | 92 | | 416 | PARTRIDGE, ADRIAN | 60.33 | INVICTA AC |
| 33 | | 656 | HARTER, DAVE | 56.51 | ROYAL AIR FORCE | 93 | | 249 | HUNT, ANDREW | 60.35 | AAA REGISTERED |
| 34 | | 041 | DALTON, NIGEL | 57.13 | AAA REGISTERED | 94 | V40 | 133 | GREEN, TIM | 60.36 | UNATTACHED |
| 35 | | 661 | MOORE, STEPHEN | 57.15 | STH LONDON HARRIERS | 95 | V40 | 174 | MORRISON, SIDNEY | 60.37 | INVICTA AC |
| 36 | | 643 | COZENS, ROY | 57.20 | DARTFORD HARRIERS | 96 | | 389 | CORDON, STEVEN | 60.38 | AAA REGISTERED |
| 37 | | 474 | KEELER, PAUL | 57.23 | SEVENDAKS AC | 97 | | 130 | TAYLOR, KENNETH | 60.39 | AAA REGISTERED |
| 38 | | 204 | BULGER, MARTIN | 57.24 | SAFFRONS AC | 98 | | 313 | SEDGEWICK, MARK | 60.40 | UNATTACHED |
| 39 | | 648 | WARD, PETER | 57.28 | BARNESLEY ROAD RNRS | 99 | | 221 | NOAKES, P G | 60.40 | UNATTACHED |
| 40 | | 479 | SEAR, R | 57.40 | KENT AC | 100 | | 247 | BAKER, JOHN | 60.55 | UNATTACHED |
| 41 | | 378 | MILNE, STEPHEN | 57.41 | INVICTA AC | 101 | V40 | 068 | BURROWS, ANDREW | 61.01 | UNATTACHED |
| 42 | | 004 | HOGBEN, BARRY | 57.44 | UNATTACHED | 102 | | 208 | MANNION, DANIEL | 61.02 | DARTFORD HARRIERS |
| 43 | V40 | 210 | JENKINS, GLYN | 57.48 | INVICTA AC | 103 | | 634 | FENTON-SMITH, NICHL'S | 61.03 | CAMBRIDGE HARRIERS |
| 44 | | 647 | OSBORN, MALCOLM | 57.51 | MEDWAY AC | 104 | | 094 | PETERS, JOHN | 61.05 | UNATTACHED |
| 45 | | 337 | BECK, STEPHEN | 57.51 | INVICTA AC | 105 | V40 | 465 | ROYTHORNE, DICK | 61.07 | DARTFORD HARRIERS |
| 46 | | 341 | HADDOCK, CHRIS | 57.52 | AAA REGISTERED | 106 | V40 | 333 | FRANCE, JOHN | 61.12 | DEAL STRIDERS |
| 47 | | 345 | TICKNER, MICHAEL | 57.52 | AAA REGISTERED | 107 | | 050 | CLARK, STEVE | 61.17 | THANET ROAD RUNNERS |
| 48 | | 387 | SMITH, DAVID | 57.55 | INVICTA AC | 108 | | 072 | GREENFIELD, KEITH | 61.18 | AAA REGISTERED |
| 49 | | 448 | MCNEILL, ANDREW | 57.58 | DOVER ROAD RUNNERS | 109 | | 600 | WRIGHT, ANDREW | 61.22 | THANET ROAD RUNNERS |
| 50 | | 189 | BINNS, CHRISTOPHER | 58.03 | PLAXTON ARC | 110 | | 677 | MCULLY, KEITH | 61.28 | HEATHER RD HARRIERS |
| 51 | | 607 | PEARCE, BARRY | 58.07 | INVICTA AC | 111 | | 206 | DROVER, JON | 61.33 | DOVER ROAD RUNNERS |
| 52 | | 080 | SUTTLE, STEPHEN | 58.10 | THANET ROAD RUNNERS | 112 | | 281 | HEASMAN, DEREK | 61.35 | UNATTACHED |
| 53 | | 305 | MUSGROVE, PHILIP | 58.17 | AAA REGISTERED | 113 | V40 | 357 | MARSHALL, JOHN | 61.35 | AAA REGISTERED |
| 54 | | 467 | DENNE, TERRY | 58.19 | AAA REGISTERED | 114 | V40 | 034 | SILK, ROBERT | 61.35 | DEAL STRIDERS |
| 55 | | 488 | COOMBS, JOHN | 58.21 | DEAL STRIDERS | 115 | | 198 | COLLINS, N | 61.37 | UNATTACHED |
| 56 | | 288 | EMERSON, ERIC | 58.31 | INVICTA AC | 116 | | 285 | GASTON, PAUL | 61.38 | STEYNING AC |
| 57 | | 655 | RANDALL, TREVOR | 58.33 | ROYAL AIR FORCE | 117 | V40 | 495 | JONES, GLYNNE | 61.39 | INVICTA AC |
| 58 | V40 | 610 | SKINNER, DAVID | 58.33 | INVICTA AC | 118 | V40 | 043 | EATON, KENNETH | 61.40 | ROYAL AIR FORCE |
| 59 | | 146 | BLACKWELL, BARRY | 58.45 | SAFFRONS AC | 119 | V40 | 083 | STOPHER, ALAN | 61.43 | INVICTA AC |
| 60 | | 425 | POWIS, KEITH | 58.58 | UNATTACHED | 120 | | 010 | GROVES, IVOR | 61.44 | ASHFORD AC |

| POS | CATGY | NUM | NAME | TIME | CLUB | POS | CATGY | NUM | NAME | TIME | CLUB |
|-----|-------|-----|-----------------------|-------|---------------------|-----|-------|-----|--------------------|-------|---------------------|
| 121 | | 430 | BAIRD, DAVID | 61.44 | DARTFORD HARRIERS | 181 | F | 587 | HENSCHEN, LINDA | 64.46 | UNATTACHED |
| 122 | F | 527 | FRASER, JANE | 61.47 | INVICTA AC | 182 | | 682 | CORDON, DEREK | 64.47 | UNATTACHED |
| 123 | | 149 | WILLIAMS, STEVE | 61.48 | THANET ROAD RUNNERS | 183 | V50 | 077 | WADDELL, MALCOLM | 64.48 | DARTFORD HARRIERS |
| 124 | V40 | 195 | JOHNSON, W ANDREW | 61.52 | SEVENDAKS AC | 184 | | 635 | ABRAHAM, ROBERT | 64.50 | INVICTA AC |
| 125 | V40 | 295 | GORMLEY, JOHN-DAVID | 61.59 | THANET ROAD RUNNERS | 185 | V40 | 392 | GREEN, DAVE | 64.54 | FORBANKS AC |
| 126 | | 211 | FUDGER, DOUGLAS | 62.02 | KINGSNORTH HARRIERS | 186 | V40 | 076 | FOREMAN, DAVID | 64.56 | EAST GRINSTEAD AC |
| 127 | V40 | 066 | MAYATT, JOB | 62.07 | MEDWAY AC | 187 | V50 | 036 | HILL, STEVEN | 64.59 | CRAWLEY AC |
| 128 | | 064 | CURTIS, COLIN | 62.07 | MEDWAY AC | 188 | | 788 | TRIFFITT, DAVID | 65.00 | UNATTACHED |
| 129 | | 292 | GREEN, PHILIP | 62.12 | UNATTACHED | 189 | | 636 | DAVIS, PAUL | 65.05 | UNATTACHED |
| 130 | | 326 | GERRARD, E | 62.18 | UNATTACHED | 190 | | 650 | RATCLIFFE, STANLEY | 65.05 | DOVER ROAD RUNNERS |
| 131 | V40 | 343 | HALES, JIM | 62.19 | AAA REGISTERED | 191 | | 791 | HAYES, DAVID | 65.08 | DOVER ROAD RUNNERS |
| 132 | | 473 | STRONG, VIV | 62.23 | GRAVESEND ROAD RNRS | 192 | V40 | 259 | ROBINSON, PETER | 65.11 | CRANBROOK RUNNERS |
| 133 | | 784 | SPICER, BRIAN | 62.28 | BELGRAVE HARRIERS | 193 | | 418 | RICE, JOHN | 65.12 | AAA REGISTERED |
| 134 | | 301 | STEPHENS, ANDREW | 62.30 | DEAL STRIDERS | 194 | V40 | 098 | BIRD, DEREK | 65.15 | GARDEN CITY JOGGERS |
| 135 | | 435 | BARNES, PETER | 62.31 | INVICTA AC | 195 | | 683 | LARGE, TREVOR | 65.16 | UNATTACHED |
| 136 | | 253 | MONEILL, JACK | 62.33 | AAA REGISTERED | 196 | V50 | 421 | HEAD, LESLIE | 65.20 | HAVERING AC |
| 137 | F V40 | 551 | WHITEMAN, ANN | 62.38 | CAMBRIDGE HARRIERS | 197 | | 179 | LEY, ROBERT | 65.21 | AAA REGISTERED |
| 138 | | 056 | CROWHURST, DENNIS | 62.41 | AAA REGISTERED | 198 | | 322 | KEMMURE, JAMES | 65.26 | AYLESHAM ROAD RNRS |
| 139 | | 071 | WRIGHT, JONATHAN | 62.45 | UNATTACHED | 199 | | 143 | WILLIAMS, SHANE | 65.28 | AAA REGISTERED |
| 140 | V40 | 360 | THOMAS, RICHARD | 62.51 | HASTINGS RUNNERS | 200 | | 481 | SELLARS, A | 65.30 | KENT AC |
| 141 | | 126 | WILLIAMS, DAVE | 62.52 | THANET ROAD RUNNERS | 201 | V40 | 409 | BENTLEY, BRIAN | 65.33 | MILTON KEYNES AC |
| 142 | | 216 | WHITE, MERVYN | 62.53 | UNATTACHED | 202 | V40 | 028 | RICHARDSON, KEN | 65.34 | AAA REGISTERED |
| 143 | V40 | 129 | MOCKL, VERN | 62.57 | DOVER ROAD RUNNERS | 203 | V40 | 612 | ROOME, MICHAEL | 65.35 | AAA REGISTERED |
| 144 | V40 | 125 | TULL, DAVID | 62.58 | CAMBRIDGE HARRIERS | 204 | | 763 | STREETER, MIKE | 65.39 | UNATTACHED |
| 145 | V40 | 067 | GILES, VICTOR | 62.59 | MEDWAY AC | 205 | | 396 | HAMPSON, ANDY | 65.40 | FORBANKS AC |
| 146 | V50 | 065 | CLIFFORD, ROLAND | 63.00 | MEDWAY AC | 206 | | 417 | JOHNSON, PAUL | 65.43 | UNATTACHED |
| 147 | F | 571 | RODEN, ANNE | 63.10 | STH LONDON HARRIERS | 207 | | 264 | JONES, STEPHEN | 65.45 | THANET ROAD RUNNERS |
| 148 | | 349 | HICKEY, ANTHONY | 63.11 | MEDWAY AC | 208 | | 267 | MCGILVRAY, DONALD | 65.46 | BEXLEY AC |
| 149 | V50 | 063 | SAIZ, RAMON | 63.18 | MEDWAY AC | 209 | | 277 | STEVENS, PHILIP | 65.48 | UNATTACHED |
| 150 | | 342 | ANSON, RICHARD | 63.20 | GRAVESEND ROAD RNRS | 210 | | 001 | WHITEHEAD, MALCOLM | 65.55 | DEAL STRIDERS |
| 151 | | 339 | DAVERN, JOHN | 63.21 | LONDON ROAD RUNNERS | 211 | | 246 | SWAIN, ROY | 65.56 | UNATTACHED |
| 152 | V40 | 192 | DREW, RICHARD | 63.22 | DARTFORD HARRIERS | 212 | | 383 | EASUN, HARRY | 65.58 | AAA REGISTERED |
| 153 | | 419 | WALES, GAVIN | 63.23 | UNATTACHED | 213 | | 340 | HUNTLEY, M A | 66.00 | UNATTACHED |
| 154 | V40 | 017 | BUTCHER, JOHN | 63.30 | ORION HARRIERS | 214 | V40 | 642 | LEWIS, CLIVE | 66.02 | DARTFORD HARRIERS |
| 155 | | 106 | FORWARD, PAUL | 63.31 | UNATTACHED | 215 | V40 | 402 | WIGLEY, BOB | 66.05 | FORBANKS AC |
| 156 | F | 547 | GILES, SUE | 63.33 | UNATTACHED | 216 | | 637 | CASEY, MICHAEL | 66.10 | EDINBURGH AC |
| 157 | | 604 | TIMMS, ARTHUR | 63.34 | UNATTACHED | 217 | | 031 | MANUEL, CLIVE | 66.13 | AAA REGISTERED |
| 158 | | 781 | CRUICKSHANK, LEN | 63.36 | UNATTACHED | 218 | V40 | 134 | REDFERN, ANTHONY | 66.15 | DOVER ROAD RUNNERS |
| 159 | V40 | 205 | ANDREWS, RICHARD | 63.37 | INVICTA AC | 219 | V40 | 040 | GASKIN, KENT | 66.23 | UNATTACHED |
| 160 | V40 | 085 | BARTLETT, EDWIN | 63.38 | SERPENTINE RC | 220 | V50 | 606 | HAMMOND, KENNETH | 66.25 | DEAL STRIDERS |
| 161 | | 696 | HOPFER, DAVID | 63.39 | UNATTACHED | 221 | | 443 | ACHESON, NEIL | 66.27 | UNATTACHED |
| 162 | | 429 | PHILPOTT, BRYAN | 63.40 | DOVER ROAD RUNNERS | 222 | | 689 | WALKDEN, PETER | 66.27 | ASHFORD AC |
| 163 | V40 | 469 | CARTER, MELVIN | 63.47 | AAA REGISTERED | 223 | | 444 | THOMSON, IAN | 66.30 | UNATTACHED |
| 164 | | 142 | MOIR, JAMES | 63.49 | ARMY AC | 224 | | 777 | PAIGE, MARK | 66.34 | CANTERBURY ROAD RNR |
| 165 | | 073 | WRIGHT, PAUL | 63.54 | BLACKHEATH HARRIERS | 225 | V40 | 318 | BAKER, DAVID | 66.38 | DARTFORD HARRIERS |
| 166 | V40 | 055 | CROWHURST, TREVOR | 63.58 | HAYWARDS HEATH HARS | 226 | | 219 | ATKIN, ROWLAND | 66.39 | UNATTACHED |
| 167 | | 786 | WILLIAMS, CHRISTOPHER | 64.00 | ROAD RUNNERS CLUB | 227 | | 645 | EYLES, MERVYN | 66.40 | DOVER ROAD RUNNERS |
| 168 | | 108 | BRIGHT, PETER | 64.05 | CAMBRIDGE HARRIERS | 228 | V40 | 296 | ABBOTT, COLIN | 66.40 | DOVER ROAD RUNNERS |
| 169 | | 020 | NEWING, TREVOR | 64.10 | UNATTACHED | 229 | | 693 | CURRIE, IAN | 66.41 | UNATTACHED |
| 170 | | 131 | MINTRAM, IAN | 64.14 | UNATTACHED | 230 | | 290 | WILKINSON, STEPHEN | 66.41 | UNATTACHED |
| 171 | V40 | 493 | BERGER, THOMAS | 64.16 | SERPENTINE RC | 231 | V40 | 659 | NEWTON, B | 66.45 | UNATTACHED |
| 172 | | 482 | LUXFORD, N A | 64.18 | KENT AC | 232 | | 048 | LESTER, MICHAEL | 66.50 | AAA REGISTERED |
| 173 | | 304 | LYONS, JONATHAN | 64.20 | UNATTACHED | 233 | | 092 | ASHDOWN, NEIL | 66.56 | AAA REGISTERED |
| 174 | | 334 | FRANCE, JONATHAN | 64.21 | MIDDLESEX POLY AC | 234 | | 053 | EVANS, PAUL | 66.58 | UNATTACHED |
| 175 | | 025 | THOMPSON, PAUL | 64.24 | UNATTACHED | 235 | | 162 | BROWN, RAYMOND | 67.03 | UNATTACHED |
| 176 | V40 | 251 | TOBIN, RAY | 64.24 | AYLESHAM ROAD RNRS | 236 | V50 | 660 | MOORE, VICTOR | 67.07 | MET POLICE AC |
| 177 | | 379 | BROWN, DAVID | 64.31 | AYLESHAM ROAD RNRS | 237 | | 311 | ROBERTS, DANNY | 67.08 | UNATTACHED |
| 178 | | 163 | EVE, MICHAEL | 64.33 | ASHFORD AC | 238 | | 698 | COX, ANDREW | 67.16 | GRAVESEND ROAD RNRS |
| 179 | V40 | 169 | MORLEY, RAYMOND | 64.33 | ASHFORD AC | 239 | V40 | 616 | WELLER, ROBERT | 67.19 | AAA REGISTERED |
| 180 | | 038 | DIXON, JOHN | 64.45 | AAA REGISTERED | 240 | | 498 | JENKINS, ANTHONY | 67.19 | MILTON KEYNES AC |

| POS | CATGY | NUM | NAME | TIME | CLUB | POS | CATGY | NUM | NAME | TIME | CLUB |
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| 241 | V40 | 432 | COX, DAVID | 67.26 | INVICTA AC | 301 | V50 | 390 | BOOTH, BILL | 70.20 | FORBANKS AC |
| 242 | | 472 | FOSTER, ANDREW | 67.28 | GRAVESEND ROAD RNRS | 302 | V40 | 018 | HOLLAND, BRADLEY | 70.25 | UNATTACHED |
| 243 | | 248 | ROOME, TERRY | 67.28 | DOVER ROAD RUNNERS | 303 | | 420 | WALES, NIGEL | 70.31 | UNATTACHED |
| 244 | | 679 | STEVENS, MICHAEL | 67.30 | UNATTACHED | 304 | | 363 | KEELER, PETER | 70.32 | UNATTACHED |
| 245 | | 170 | KEATS, ALAN | 67.31 | GEC AVIONICS AC | 305 | V40 | 275 | SHARP, BARRY | 70.36 | UNATTACHED |
| 246 | | 762 | DAWSON, ALAN | 67.34 | AAA REGISTERED | 306 | | 355 | SCHEMBRI, PAUL | 70.37 | UNATTACHED |
| 247 | | 137 | FARMER, SEAN | 67.35 | UNATTACHED | 307 | | 046 | ALLARD, JOHN | 70.38 | UNATTACHED |
| 248 | | 238 | FOWLER, MARK | 67.36 | UNATTACHED | 308 | | 105 | ELFORD, ANTHONY | 70.39 | UNATTACHED |
| 249 | | 319 | COLYER, BARRY | 67.37 | INVICTA AC | 309 | | 158 | PEARSON, ROBERT | 70.45 | CANTERBURY ROAD RNR |
| 250 | | 320 | GOULD, PETER | 67.38 | THANET ROAD RUNNERS | 310 | V40 | 242 | QUESTED, DAVID | 70.50 | UNATTACHED |
| 251 | | 117 | HOPKINS, NIGEL | 67.39 | ARMY AC | 311 | V50 | 407 | WILLIAMS, JOHN | 70.53 | UNATTACHED |
| 252 | | 768 | FRANCIS-DARBY, ROGER | 67.40 | DEAL STRIDERS | 312 | | 047 | MORGAN, DAVID | 71.08 | LONDON ROAD RUNNERS |
| 253 | | 033 | PARKINSON, ANDREW | 67.41 | DEAL STRIDERS | 313 | | 790 | JAMES, PAUL JNR | 71.12 | UNATTACHED |
| 254 | V50 | 093 | MILLER, DEREK | 67.42 | INVICTA AC | 314 | V40 | 054 | LOUW, ANDRE' | 71.19 | HERCULES WIMBLEDON |
| 255 | V40 | 157 | BARNARD, CLIVE | 67.43 | LINGFIELD PARK | 315 | | 052 | ADAMS, GEOFFREY | 71.25 | UNATTACHED |
| 256 | V40 | 405 | SALES, R W CAPT | 67.45 | AAA REGISTERED | 316 | | 700 | HAND, PAUL | 71.30 | FORBANKS AC |
| 257 | | 401 | SEYMOUR, TONY | 67.46 | FORBANKS AC | 317 | | 685 | SKERRITT, SID | 71.39 | THANET ROAD RUNNERS |
| 258 | | 029 | PITTS, FRANCIS | 67.48 | DOVER ROAD RUNNERS | 318 | | 057 | HMDC ALDINGTON | 71.45 | UNATTACHED |
| 259 F | | 568 | DARBY, JANIDA | 67.55 | BRONLEY LADIES AC | 319 | | 361 | SILVESTER, MARK | 71.48 | THANET ROAD RUNNERS |
| 260 | | 115 | WEEKES, DAVID | 68.03 | AAA REGISTERED | 320 | | 787 | PEEL, LES | 71.49 | UNATTACHED |
| 261 | | 139 | STRINGER, BRIAN | 68.10 | THANET ROAD RUNNERS | 321 | | 486 | MCCORNICK, STEVEN | 71.50 | HEATHFIELD ROAD RNR |
| 262 | | 224 | GONELLA, CHARLES | 68.19 | UNATTACHED | 322 | | 338 | OLIVER, PAUL | 71.51 | UNATTACHED |
| 263 | V40 | 400 | SPEERS, ROGER | 68.26 | FORBANKS AC | 323 | | 016 | WEILER, DAVID | 71.58 | DARTFORD HARRIERS |
| 264 | | 442 | PAISLEY, MICHAEL | 68.28 | UNATTACHED | 324 | | 194 | WALKER, T F | 71.59 | HAYWARDS HEATH HARS |
| 265 | V40 | 406 | TAMS, EDWARD | 68.38 | UNATTACHED | 325 | | 202 | SKELTON, RAYMOND | 72.01 | UNATTACHED |
| 266 | | 230 | DICKINSON, PHILIP | 68.40 | CANTERBURY ROAD RNR | 326 | | 373 | SHAW, TREVOR | 72.10 | COALVILLE HARRIERS |
| 267 | | 147 | DIXON, WILLIAM | 68.41 | UNATTACHED | 327 | V40 | 005 | HILL, RICHARD | 72.16 | ASHFORD AC |
| 268 | | 298 | DRISCOLL, MARTIN | 68.42 | THANET ROAD RUNNERS | 328 | | 431 | RODISSETTER, WILLIAM | 72.18 | UNATTACHED |
| | V40 | 282 | LEGG, ARTHUR | 68.43 | BLACKHEATH HARRIERS | 329 | | 771 | FORSTER, STEVE | 72.20 | UNATTACHED |
| | | 499 | SPLTON, KEITH | 68.48 | UNATTACHED | 330 | | 601 | FRANKLIN, FRANCIS | 72.21 | DOVER ROAD RUNNERS |
| 271 | | 460 | SOBHY, IBRAHIM | 68.49 | UNATTACHED | 331 | | 367 | EDWARDS, SHAUN | 72.22 | LONDON TRANSPORT |
| 272 | V40 | 366 | REED, DAVID | 68.50 | GT CHART TUG OF WAR | 332 | | 694 | FORD, DAVID | 72.23 | LONDON ROAD RUNNERS |
| 273 | | 494 | PULLINGER, DAVID | 68.55 | DEAL STRIDERS | 333 | | 772 | CARTER, DAVID | 72.31 | UNATTACHED |
| 274 | | 150 | CONROY, PETER | 68.58 | UNATTACHED | 334 | | 308 | JACKSON, COLLIN | 72.32 | UNATTACHED |
| 275 F | | 528 | WILLIAMS, LYNETTE | 68.58 | THANET ROAD RUNNERS | 335 | | 658 | GROVES, PAUL | 72.40 | AAA REGISTERED |
| 276 | V50 | 051 | BROWN, LESLIE | 69.00 | VETERANS AC | 336 | | 332 | BAKER, MARTYN | 72.41 | UNATTACHED |
| 277 | | 663 | BAILEY, DARREN | 69.12 | UNATTACHED | 337 | | 641 | GOLDSMITH, DANIEL | 72.42 | UNATTACHED |
| 278 | V40 | 278 | REES, GLYN | 69.14 | INVICTA AC | 338 F | | 550 | CURTIS, DEBBIE | 72.44 | GRAVESEND ROAD RNRS |
| 279 | | 651 | JONES, DAVID | 69.15 | UNATTACHED | 339 | | 226 | EVANS, ANDREW | 72.48 | UNATTACHED |
| 280 | | 260 | TUTT, MICHAEL | 69.28 | DARTFORD HARRIERS | 340 | V40 | 380 | PARSONS, RONALD | 72.48 | UNATTACHED |
| 281 | | 323 | STURE, BERNARD | 69.29 | THANET ROAD RUNNERS | 341 | V50 | 022 | IRVING, DAVID | 72.55 | UNATTACHED |
| 282 | | 608 | RICHARDSON, STEPHEN | 69.32 | AAA REGISTERED | 342 | V40 | 626 | PADFIELD, TIM | 72.56 | DOVER ROAD RUNNERS |
| 283 | | 690 | DOE, DAVID | 69.35 | SEVENDAKS AC | 343 | | 145 | ELLARD, ROY | 73.01 | UNATTACHED |
| 284 | | 196 | RICKSON, TONY | 69.37 | DOVER ROAD RUNNERS | 344 | V40 | 623 | JAMES, DAVE | 73.06 | UNATTACHED |
| 285 | V50 | 239 | BLAIN, TONY | 69.37 | ASHFORD AC | 345 | V50 | 356 | SMITH, ALAN | 73.07 | INVICTA AC |
| 286 | V50 | 330 | SMITHERMAN, RICHARD | 69.39 | INVICTA AC | 346 | | 346 | FLOWERS, MICHAEL | 73.10 | UNATTACHED |
| 287 | | 214 | MILLER, MICHAEL | 69.42 | UNATTACHED | 347 F | | 540 | DUBERY, TONI | 73.18 | HEATHER RD HARRIERS |
| 288 | | 371 | BARTLETT, KEVIN | 69.46 | UNATTACHED | 348 | V40 | 222 | FORREST, CHRISTOPHER | 73.19 | UNATTACHED |
| 289 | | 236 | HEWITT, DAVID | 69.48 | UNATTACHED | 349 | | 188 | GERLOFF, MICHAEL | 73.23 | CAMBRIDGE HARRIERS |
| 290 | | 695 | WALLIS, ROBERT | 69.51 | UNATTACHED | 350 | | 457 | HOPKINSON, ROBERT | 73.32 | UNATTACHED |
| 291 | | 104 | WILLIAMS, PHIL | 69.53 | UNATTACHED | 351 | | 770 | REED, RAYMOND | 73.35 | UNATTACHED |
| 292 | V40 | 475 | FISHER, RAYMOND | 69.54 | MAIDSTONE HARRIERS | 352 | | 184 | SOLARI, PAUL | 73.36 | UNATTACHED |
| 293 | V40 | 101 | WIRE, MICHAEL | 69.55 | AAA REGISTERED | 353 | | 385 | GIUDICI, GIANCARLO | 73.37 | UNATTACHED |
| 294 | V50 | 391 | LOXLEY, RICHARD | 69.56 | FORBANKS AC | 354 | | 644 | SENTENACQ, LEE | 73.40 | UNATTACHED |
| 295 | | 062 | STAFFORD, WILLIAM | 69.58 | AAA REGISTERED | 355 | | 410 | SEAL, JULIAN | 73.40 | UNATTACHED |
| 296 | | 272 | PETTITT, IAN | 70.03 | DEAL STRIDERS | 356 | V50 | 627 | SKELTON, ANTHONY | 73.43 | CANTERBURY ROAD RNR |
| 297 F | | 549 | PAIN, SHARON | 70.10 | UNATTACHED | 357 | | 426 | LUXTON, DAVID | 73.46 | BARKING ROAD RUNNER |
| 298 | V40 | 274 | BARK, EDWARD | 70.20 | CLEETHORPES AC | 358 | | 424 | MELLOR, BARRY | 73.48 | ROYAL NAVY AC |
| 299 | | 639 | BARK, LEE | 70.20 | UNATTACHED | 359 | | 049 | GOLDUP, STEPHEN | 73.55 | UNATTACHED |
| 300 | V40 | 415 | SCOTT, ANDREW | 70.20 | BICC | 360 | | 123 | FRAMPTON, JAMES | 73.56 | INVICTA AC |

| POS | CATGY | NUM | NAME | TIME | CLUB | POS | CATGY | NUM | NAME | TIME | CLUB |
|-----|-------|-----|---------------------|-------|---------------------|-----|-------|-----|----------------------|-------|---------------------|
| 361 | | 197 | RAMSELL, IAN | 74.01 | UNATTACHED | 421 | V40 | 439 | O'HARA, KEVIN | 77.41 | UNATTACHED |
| 362 | F V40 | 579 | JOHNSON, JUNE | 74.04 | SEVENDAKS AC | 422 | | 003 | HOGGEN, RICKY | 77.56 | UNATTACHED |
| 363 | | 365 | HOPPER, ALAN | 74.07 | GT CHART TUG OF WAR | 423 | V40 | 116 | PLUM, WALTER | 78.09 | UNATTACHED |
| 364 | V50 | 638 | GAWLER, RONALD | 74.13 | INVICTA AC | 424 | F | 594 | LESTER, JANET | 78.10 | AAA REGISTERED |
| 365 | | 228 | SMITH, ANDREW | 74.18 | UNATTACHED | 425 | V40 | 438 | URWIN, BRIAN | 78.11 | AAA REGISTERED |
| 366 | | 353 | COLLIER, JEZ | 74.20 | LONDON ROAD RUNNERS | 426 | | 135 | BRAY, CHRIS | 78.39 | UNATTACHED |
| 367 | | 697 | ROBERTSON, ROBERT | 74.20 | DEAL STRIDERS | 427 | | 136 | SPOONER, PAUL | 78.39 | UNATTACHED |
| 368 | | 111 | MCCLOSKEY, PETER | 74.32 | MUSWELL HILL RUNNER | 428 | | 769 | AMDS, CHRISTOPHER | 78.52 | UNATTACHED |
| 369 | | 074 | READ, DOUGLAS | 74.34 | AAA REGISTERED | 429 | | 097 | CLINCH, JOHN | 78.58 | AAA REGISTERED |
| 370 | V40 | 096 | COLLINS, REX | 74.41 | AAA REGISTERED | 430 | | 358 | WESTRAY, MARTIN | 78.58 | UNATTACHED |
| 371 | | 299 | KILLACKY, GARY | 74.45 | KINGSNORTH HARRIERS | 431 | V40 | 109 | WARNES, ALAN | 79.08 | AAA REGISTERED |
| 372 | V40 | 664 | REYNOLDS, JOHN | 74.52 | UNATTACHED | 432 | V50 | 181 | ARTHUR, DONALD | 79.17 | UNATTACHED |
| 373 | V40 | 324 | HUNT, DAVID | 74.56 | CROYDON HARRIERS | 433 | V40 | 496 | TERRY, ALAN | 79.22 | UNATTACHED |
| 374 | | 372 | FELTHOUSE, DAVID | 74.57 | UNATTACHED | 434 | | 459 | TERRY, MICHAEL | 79.22 | UNATTACHED |
| 375 | V40 | 657 | SHAW, COLIN | 74.58 | INVICTA AC | 435 | | 044 | SPICE, DAVID | 79.33 | UNATTACHED |
| 376 | V40 | 427 | LOFT, LAURENCE | 75.01 | AAA REGISTERED | 436 | | 409 | ABBOTT, DAVID | 79.39 | UNATTACHED |
| 377 | F | 593 | SHAWCROSS, MARGARET | 75.14 | BROMLEY LADIES AC | 437 | | 490 | AUSTEN, JOHN | 79.39 | UNATTACHED |
| 378 | | 400 | TOWNDROW, P | 75.18 | KENT AC | 438 | | 688 | SCANLON, SEAN | 79.48 | AAA REGISTERED |
| 379 | | 374 | SMITH, RONALD | 75.19 | THANET ROAD RUNNERS | 439 | V40 | 699 | TOTTERDELL, GANNON | 79.58 | UNATTACHED |
| 380 | | 384 | BAUCKHAM, ROBERT | 75.21 | GRAVESEND ROAD RNRS | 440 | | 027 | FIDGE, JOHN | 80.05 | AAA REGISTERED |
| 381 | V40 | 191 | CORNISH, GORDON | 75.22 | UNATTACHED | 441 | | 411 | STEWART, ANDREW | 80.07 | UNATTACHED |
| 382 | | 175 | CHURCH, KEVIN | 75.26 | UNATTACHED | 442 | | 336 | BECK, JAMES | 80.10 | UNATTACHED |
| 383 | | 270 | VINCE, STEPHEN | 75.29 | UNATTACHED | 443 | | 232 | HOOD, SEAN | 80.18 | AYLESHAM ROAD RNRS |
| 384 | | 447 | TIMSON, COLIN | 75.30 | UNATTACHED | 444 | | 646 | MILTON, JEREMY | 80.20 | UNATTACHED |
| 385 | | 039 | WEEKS, ROGER | 75.31 | AAA REGISTERED | 445 | V40 | 286 | CROSS, JOHN | 80.33 | BLACKHEATH HARRIERS |
| 386 | V40 | 035 | TUTHILL, ROY | 75.32 | WHITSTABLE OYSTER | 446 | F | 557 | MOSS, D | 80.34 | UNATTACHED |
| 387 | F V40 | 598 | PAIN, HAZEL | 75.33 | UNATTACHED | 447 | | 213 | MCHENRY, JOHN | 80.46 | LONDON ROAD RUNNERS |
| 388 | | 779 | MARTYN, BARRY | 75.34 | UNATTACHED | 448 | | 122 | BUCK, DAVID | 80.47 | UNATTACHED |
| 389 | V50 | 008 | SMITH, MAURICE | 75.35 | VETERANS AC | 449 | | 331 | DALTON, KEITH | 80.55 | GRAVESEND ROAD RNRS |
| 390 | V50 | 244 | WOODGATE, BRIAN | 75.35 | UNATTACHED | 450 | V40 | 237 | GIBBONS, STANLEY | 80.58 | UNATTACHED |
| 391 | | 397 | WEST, JOHN | 75.43 | FORBANKS AC | 451 | V40 | 352 | BERSLEY, J R | 81.02 | UNATTACHED |
| 392 | | 603 | GILLHAM, PHILIP | 75.43 | KENT POLICE AC | 452 | | 217 | WEBB, SIMON | 81.23 | UNATTACHED |
| 393 | F | 542 | PHILPOT, PAMELA | 75.44 | THANET ROAD RUNNERS | 453 | | 015 | PETERS, PAUL | 81.26 | UNATTACHED |
| 394 | V40 | 276 | STANLEY, DAVID | 75.48 | UNATTACHED | 454 | | 089 | MCKENNA, MICHAEL | 81.34 | UNATTACHED |
| 395 | F | 578 | PERHAM, MARY | 75.56 | DOVER ROAD RUNNERS | 455 | | 240 | TAPLEY, ROGER | 81.38 | DOVER ROAD RUNNERS |
| 396 | | 359 | SKINNER, ROY | 75.57 | THANET ROAD RUNNERS | 456 | | 086 | CRAWLEY, ALLAN | 81.46 | ASHFORD AC |
| 397 | | 012 | KNELL, DENNIS | 75.58 | SITTINGBOURNE AC | 457 | | 451 | PAPANDREA, ANTONY | 81.54 | UNATTACHED |
| 398 | V40 | 161 | SHERIDAN, MARK | 76.00 | STOCK EXCHANGE AC | 458 | V50 | 767 | GOLDUP, REGINALD | 81.54 | UNATTACHED |
| 399 | | 617 | BARR, GEOFFREY | 76.00 | UNATTACHED | 459 | F | 595 | CURTIN, A.J. | 81.56 | UNATTACHED |
| 400 | F | 548 | PEARCE, SANDY | 76.08 | INVICTA AC | 460 | V50 | 386 | BURNETT, JAMES | 81.58 | BLACKHEATH HARRIERS |
| 401 | | 006 | BATES, DAVID | 76.09 | UNATTACHED | 461 | | 654 | SANDILANDS, RICHARD | 82.03 | UNATTACHED |
| 402 | | 024 | JONES, KENNETH | 76.10 | UNATTACHED | 462 | F | 563 | COLLIER, PAULA | 82.04 | UNATTACHED |
| 403 | | 059 | HMDC ALDINGTON | 76.19 | UNATTACHED | 463 | V40 | 234 | YOUNG, WILLIAM | 82.07 | UNATTACHED |
| 404 | | 060 | HMDC ALDINGTON | 76.19 | UNATTACHED | 464 | | 470 | SINGH, KULVINDER | 82.08 | UNATTACHED |
| 405 | V50 | 303 | CLARK, T B | 76.24 | UNATTACHED | 465 | V40 | 176 | MAYBERRY, LANCE | 82.20 | DEAL STRIDERS |
| 406 | F V40 | 531 | EDWARDS, PATRICIA | 76.25 | UNATTACHED | 466 | V40 | 351 | SPENCER, DERICK | 82.21 | UNATTACHED |
| 407 | | 121 | BRADLEY, MICHAEL | 76.37 | AYLESHAM ROAD RNRS | 467 | V40 | 325 | NORRIS, PAUL | 82.35 | UNATTACHED |
| 408 | | 087 | YOUNG, CHRISTOPHER | 76.40 | DEAL STRIDERS | 468 | V40 | 631 | ALLEN, ANDY | 82.44 | UNATTACHED |
| 409 | | 102 | BRADFIELD, HUGH | 76.44 | UNATTACHED | 469 | | 450 | CARTER, PAUL | 82.46 | DOVER ROAD RUNNERS |
| 410 | | 485 | MELLISH, PETER | 76.54 | AAA REGISTERED | 470 | | 773 | INSEYER, MIKE | 83.03 | UNATTACHED |
| 411 | V50 | 042 | FLITCH, JOHN | 76.55 | THANET ROAD RUNNERS | 471 | V50 | 628 | HANFORD-EVANS, COLIN | 83.15 | FINCH COASTERS |
| 412 | V40 | 159 | DAVITT, MATT | 76.59 | CAMBRIDGE HARRIERS | 472 | F | 584 | LAVENDER, LINDA | 83.17 | AAA REGISTERED |
| 413 | | 166 | POTTER, STEPHEN | 77.00 | UNATTACHED | 473 | V40 | 468 | BURGESS, HENRY | 83.21 | AAA REGISTERED |
| 414 | | 070 | KEAM, TREVOR | 77.01 | UNATTACHED | 474 | F | 544 | RATCLIFFE, CHRISTINA | 83.22 | DOVER ROAD RUNNERS |
| 415 | F | 552 | OAKLEY, JANICE | 77.04 | MAIDSTONE HARRIERS | 475 | F | 530 | DYER, GINNY | 83.22 | DOVER ROAD RUNNERS |
| 416 | | 201 | WATKINS, GERALD | 77.12 | UNATTACHED | 476 | | 164 | DRAGE, NORMAN | 83.28 | DOVER ROAD RUNNERS |
| 417 | | 199 | WEINERT, LESLIE | 77.14 | ORION HARRIERS | 477 | V40 | 037 | HOWLAND, COLIN | 83.35 | AAA REGISTERED |
| 418 | | 780 | KOSYLOWICZ, PETER | 77.33 | UNATTACHED | 478 | | 602 | FRANKLIN, KRISTION | 83.37 | UNATTACHED |
| 419 | | 167 | KEATING, EDWARD | 77.37 | UNATTACHED | 479 | V40 | 497 | MUTTER, DAVID | 83.57 | UNATTACHED |
| 420 | | 433 | MUDGE, ROGER | 77.39 | FAVERSHAM AC | 480 | | 306 | ADAMS, MARK | 84.27 | UNATTACHED |

| POS | CATGY | NUM | NAME | TIME | CLUB | POS | CATGY | NUM | NAME | TIME | CLUB |
|-----|-------|-----|----------------------|-------|---------------------|-----|-------|-----|----------------------|--------|---------------------|
| | | 315 | SIMMONS, CHRISTOPHER | 84.44 | UNATTACHED | 541 | F V50 | 581 | MELROUGHLIN, BARBARA | 95.22 | UNATTACHED |
| 482 | | 316 | SIMMONS, STEVEN | 84.44 | AAA REGISTERED | 542 | F | 588 | PEARSON, LESLEY | 96.15 | UNATTACHED |
| 483 | | 605 | GORDON, SAMUEL | 84.56 | UNATTACHED | 543 | F V40 | 501 | SQUIRES, MARGIT | 96.26 | UNATTACHED |
| 484 | | 113 | AUSTIN, BRIAN | 84.57 | UNATTACHED | 544 | V50 | 110 | ORFORD, FRED | 97.32 | AAA REGISTERED |
| 485 | F | 597 | FIDGE, ANN | 84.59 | UNATTACHED | 545 | | 673 | POLLOCK, PETER | 98.12 | UNATTACHED |
| 486 | F | 560 | HYDE, MARY | 85.03 | UNATTACHED | 546 | | 669 | GIBBS, KIERAN | 98.12 | UNATTACHED |
| 487 | V40 | 393 | MARTIN, GRAHAM | 85.11 | FORBANKS AC | 547 | | 675 | FORBES, JAMES | 98.12 | UNATTACHED |
| 488 | | 220 | ALLCHIN, IAN | 85.12 | AAA REGISTERED | 548 | | 665 | MARTIN, PHILIP | 98.12 | UNATTACHED |
| 489 | | 079 | HAMMOND, KEN | 85.14 | UNATTACHED | 549 | | 676 | TAYLOR, ROBERT | 98.12 | UNATTACHED |
| 490 | | 364 | REED, MARTYN | 85.20 | GT CHART TUG OF WAR | 550 | | 674 | LOVE, MICHAEL | 98.12 | UNATTACHED |
| 491 | V50 | 180 | STRACEY, LEONARD | 85.48 | AAA REGISTERED | 551 | | 671 | EASTER, VINCENT | 98.12 | UNATTACHED |
| 492 | F | 532 | STEPHENSON, JANE | 86.00 | AAA REGISTERED | 552 | F V40 | 504 | BURROUGH, CLARE | 98.57 | UNATTACHED |
| 493 | F V40 | 533 | LITTLE, GINA | 86.00 | AAA REGISTERED | 553 | F V40 | 546 | GOTHERIDGE, MARGARET | 98.59 | UNATTACHED |
| 494 | V40 | 440 | HARBRIDGE, CHRIS | 86.09 | UNATTACHED | 554 | F V40 | 573 | VALLER, MARY | 99.24 | ASHFORD AC |
| 495 | F V40 | 556 | HARE, JOAN | 86.13 | UNATTACHED | 555 | V50 | 231 | VALLER, JOSEPH | 99.24 | ASHFORD AC |
| 496 | V40 | 441 | HARE, PETER | 86.14 | UNATTACHED | 556 | | 310 | MURFITT, LEONARD | 99.50 | UNATTACHED |
| 497 | F | 569 | BUTLER, DENISE | 86.19 | DULWICH RUNNERS | 557 | F V40 | 590 | WILKINSON, DIANA | 100.00 | UNATTACHED |
| 498 | F | 534 | BRIGHT, DAWN | 86.20 | UNATTACHED | 558 | | 452 | BATCHELOR, GARRY | 100.10 | UNATTACHED |
| 499 | | 670 | BOWLES, NATHAN | 86.44 | UNATTACHED | 559 | F | 505 | WESTCOTT-WREDFORD, C | 101.11 | UNATTACHED |
| 500 | F | 541 | MOORE, MARGARET | 87.23 | WOMEN NAVAL SERVICE | 560 | F V50 | 504 | MCNEILL, MARGARET | 101.16 | DOVER ROAD RUNNERS |
| 501 | F | 537 | WARRINER, PATRICIA | 87.40 | UNATTACHED | 561 | | 119 | HARNER, NATHAN | 102.55 | ROYAL NAVY AC |
| 502 | | 173 | KNIGHT, PETER | 87.40 | UNATTACHED | 562 | V50 | 209 | BLORE, GEOFF | 103.25 | THANET ROAD RUNNERS |
| 503 | F | 561 | BROWN, CAROL | 88.07 | HEWLETT PACKARD | 563 | F | 558 | HILL, CHRISTINE | 106.29 | UNATTACHED |
| 504 | | 030 | GOOD, JOHN | 88.09 | AAA REGISTERED | 564 | V40 | 436 | STRATFORD, VERNON | 107.15 | UNATTACHED |
| 505 | F | 596 | DANCE, JACQUELINE | 88.09 | UNATTACHED | 565 | | 668 | MELKVIST, STEVE | 108.46 | UNATTACHED |
| 506 | | 666 | WORSLEY, COLIN | 88.33 | UNATTACHED | 566 | | 471 | BHULLAR, HARJINDER | 108.51 | GRAVESEND ROAD RNRS |
| 507 | F | 575 | GREEN, DANITA | 88.43 | MEDWAY AC | 567 | F | 502 | CHARLES, JO | 114.41 | UNATTACHED |
| 508 | V40 | 630 | SHERRINGTON, PAUL | 89.08 | UNATTACHED | | | | | | |
| 509 | | 307 | DINES, EDWARD | 89.14 | UNATTACHED | | | | | | |
| 510 | F | 539 | CHERRY, MAUREEN | 89.18 | DOVER ROAD RUNNERS | | | | | | |
| 511 | | 778 | CHAMPION, MICHAEL | 89.20 | UNATTACHED | | | | | | |
| 512 | V50 | 684 | MONK, LESLIE | 89.23 | AAA REGISTERED | | | | | | |
| 513 | | 789 | DARLING, MARTIN | 89.33 | UNATTACHED | | | | | | |
| 514 | | 792 | HARRIS, ANDREW | 89.50 | UNATTACHED | | | | | | |
| 515 | | 498 | MAUNDER, GARY | 89.50 | AAA REGISTERED | | | | | | |
| 516 | F | 536 | FAGG, SUSAN | 90.07 | UNATTACHED | | | | | | |
| 517 | F V40 | 586 | AKERMAN, ERICA | 90.10 | AAA REGISTERED | | | | | | |
| 518 | V40 | 153 | SIMS, MARTIN | 90.15 | UNATTACHED | | | | | | |
| 519 | V40 | 103 | MUNGE, DAVID | 90.17 | UNATTACHED | | | | | | |
| 520 | F | 535 | BAILEY, JILL | 90.48 | UNATTACHED | | | | | | |
| 521 | | 783 | WARREN, BERTRAM | 90.48 | UNATTACHED | | | | | | |
| 522 | | 312 | ROBERTS, EBEN | 91.05 | UNATTACHED | | | | | | |
| 523 | V40 | 335 | ROBINSON, BERNARD | 91.20 | FORBANKS AC | | | | | | |
| 524 | | 376 | FIELDING, STEPHEN | 91.38 | UNATTACHED | | | | | | |
| 525 | F | 572 | WILKINSON, SHARON | 91.39 | UNATTACHED | | | | | | |
| 526 | F | 543 | JONES, JANET | 91.45 | UNATTACHED | | | | | | |
| 527 | F | 570 | RODEN, DOROTHY | 92.00 | DULWICH RUNNERS | | | | | | |
| 528 | | 662 | FIFIELD, ANDY | 92.17 | UNATTACHED | | | | | | |
| 529 | V50 | 629 | HOOKE, HENRY | 92.34 | UNATTACHED | | | | | | |
| 530 | | 774 | FAULKNER, JOHN | 92.48 | GT CHART TUG OF WAR | | | | | | |
| 531 | | 775 | MAJOR, ANDREW | 93.00 | GT CHART TUG OF WAR | | | | | | |
| 532 | F | 503 | INKSTER, JUDY | 93.05 | UNATTACHED | | | | | | |
| 533 | | 620 | DARKINS, PETER | 93.36 | HILLINGDON AC | | | | | | |
| 534 | F | 589 | KING, JANE | 93.50 | LONDON ROAD RUNNERS | | | | | | |
| 535 | V40 | 021 | PAIN, RICHARD | 94.20 | UNATTACHED | | | | | | |
| 536 | V40 | 618 | HOWELL, PETER | 94.32 | UNATTACHED | | | | | | |
| 537 | | 388 | PEMBLE, RONALD | 94.37 | UNATTACHED | | | | | | |
| 538 | F | 576 | ALLCHIN, DEBRA | 94.43 | AAA REGISTERED | | | | | | |
| 539 | V40 | 446 | DAY, HARVEY | 94.50 | UNATTACHED | | | | | | |
| 540 | F V40 | 500 | ELLARD, ANNA | 95.11 | UNATTACHED | | | | | | |

NUMBER 058 DISQUALIFIED FOR UNDER AGE.

LOST PROPERTY:

ONE LEFT NIKE SHOE, ONE GUIDE DOG FOR BLIND VEST

*** THANK YOU FOR SUPPORTING OUR RUN.

*** WE HOPE YOU ENJOYED THE DAY, DESPITE THE CONDITIONS!

*** WE LOOK FORWARD TO SEEING YOU NEXT YEAR.